

## **New 'Time for Young People Leeds' service- stakeholder briefing**

On 1st July 2024 a new service will launch called **Time for Young People Leeds**, and will be provided by **The Children's Society** who've been active for over 140 years supporting children and young people directly since 1976.

The aim of the new service is to provide early emotional and mental health support to children and young people in Leeds, with a particular focus on children and young people who require alternative routes to support outside of school or NHS services.

Time for Young People, Leeds, offer a range of evidence-based therapeutic services for a range of common mental health difficulties, such as mild to moderate anxiety and depression. This will include weekly wellbeing drop ins, one-to-one structured support, group work, wellbeing resources and information, awareness raising and education, and support for professionals working with young people.

The main service centre (hub) is located at Hillside in Beeston and there are currently three local community venues (spokes), based at Pudsey, CATCH (Harehills) and Boston Spa will open for wellbeing 'drop-ins' with a phased mobilisation of additional services provision over the next few months. The 'drop-in' sessions require no appointment or referral – feel free to visit during the opening times. Please note under 13s will need consent from their parent / carer.

**Stay Informed:** To read more about the service including more information on the range of support that will be available, including venue opening times please scan the QR code below or visit [Time for young people, Leeds | The Children's Society \(childrenssociety.org.uk\)](https://www.childrenssociety.org.uk/time-for-young-people-leeds)

