

Fun Exercise Classes for Women!

Free!



DATE Mondays 9:30am-10:30am

WHERE St. Aidans Church, Elford Place, Leeds, LS8 5SD
(Community Hall, side entrance)

PLEASE BRING A BOTTLE OR WATER AND A SUITABLE PAIR OF SHOES

CONTACT ZOBI ON 0113 380 5676 FOR DETAILS OR EMAIL ZOBI@GIVEAGIFT.ORG.UK

