

Videos launch Event: Resources to help refugees and people seeking sanctuary with stress and trauma

- ▶ **Thursday 14th December 2023 15.30-16.15**
- ▶ **Online - Sign up for Zoom login details.**
- ▶ **Register for the event [using this link](#)**

Solace have created a suite of 18+ videos available in Arabic, Farsi and English including 6 psychoeducation videos designed to help refugees and asylum seekers understand the emotional impact of forced migration. The other videos show ways to cope with the stress and the disturbing effects of trauma.

This session is for anyone working with asylum seekers and refugees. You will hear from Kathryn, our CEO and Anne, our Clinical Director about how important it was to go ahead with the project and to introduce the resources.

You will also have an opportunity to watch excerpts of the videos before we have a Q&A session.

You can access the videos before the event using [this link here](#)