

Cultural Competence and Mental Health Inequalities training, and Mental Health First Aid (MHFA)

Training courses across West Yorkshire

FREE
training

Two and a half days

Open to all frontline workers and volunteers in the health and care third sector

- Recognise and respond to the signs of Mental ill-health
- Explore intersectionality
- Learn culturally competent and inclusive approaches
- Understand impacts of trauma and structural inequalities

Book online:

<https://bit.ly/inspirenorth>



Dates and times are for the entire training course. Participants are to attend all 2.5 days at a location.



COMMUNITYLINKS
TRAINING

Wakefield

Wed 24 Oct 1pm – 5pm

Thur 26 Oct and

Wed 1 Nov 9am – 5pm

For more information contact:
workinclusionkm@gmail.com
07711 080 223

Bradford

Wed 17 Oct 1pm – 5pm

Tues 24 and

Wed 25 Oct 9am – 5pm

For more information contact:
training@commlinks.co.uk
0113 2739 675

This training is available thanks to:

