

# Working with Interpreters in a Mental Health Setting

- ▶ **Friday 29th September 2023**
- ▶ **10.00 - 12.30 on zoom (please join at 9.45)**

Enquiries to  
[info@solace-uk.org.uk](mailto:info@solace-uk.org.uk)

If you work or volunteer in a mental health or wellbeing support practice, and may need to use interpreters for patients or service users with limited English language, this course will benefit you.

Solace therapist Azam Imani shares her expert knowledge and tips about what makes working with interpreters successful - and prepares you to avoid some of the challenges, giving you new skills and confidence.

There are few better placed to offer this training. Azam has unique experience as both an interpreter herself, and a therapist working in a well established mental health setting for displaced migrants.

# Working with Interpreters in a Mental Health Setting



## Presented by Azam Imani

Azam has 15 years of experience working in mental health settings in different roles, and 10 years experience as an interpreter in different talking therapy programmes. Interpreting in 3 languages, Azam has a BA in translation, and has taught English to others as a second language. Azam is therapist with Solace in Leeds, and works regularly with interpreters and clients, and trains both interpreters and practitioners in the processes of working together.

## Who is this training for?

This training is for anyone working in a mental health setting who may encounter someone with limited English language - in particular, therapists and support workers who work one to one, but non-direct support staff can also benefit from this training.

## What you will learn

You will gain the confidence to use interpreters well, learning practical and technical tips, discovering:

- How to get the best out of your interpreter - an interpreter can be a voice and a consultant of cultural contexts
- How to manage an appointment with a 3rd person involved.
- How to have an efficient appointment
- Managing boundaries when you have interpreter.

