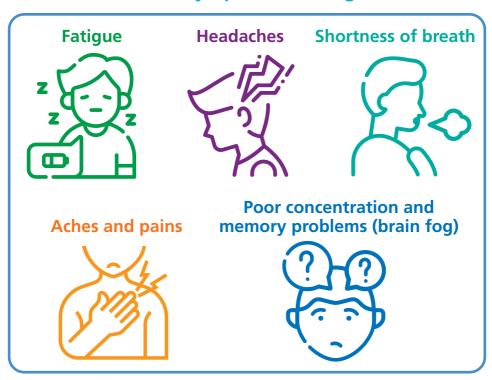


Long COVID

The most common symptoms of long COVID are:



How to get help

Speak to your GP if you have any of these symptoms or you think you might have long COVID.

What is long COVID?

- Post COVID-19 syndrome is also called 'long COVID'.
- It describes the signs and symptoms that develop during or after an infection consistent with COVID-19, which carry on for more than 12 weeks and are not explained by a different diagnosis.
- There are lots of symptoms that you may or may not experience with long COVID.



Long COVID Community Rehabilitation service

The Leeds Long COVID Community Rehabilitation provide rehab for people who have new, long lasting problems 12 weeks or more after a confirmed or suspected COVID-19 infection which are significantly impacting on their daily life.

The service are a team of Physiotherapists, Occupational Therapists, Dietitians, Rehabilitation assistants and Psychological therapies.

The team are supported by consultants with specialities in rehab medicine, cardiology and respiratory medicine.

We can make this information available in Braille, large print, audio or other languages on request.

www.leedscommunityhealthcare.nhs.uk