

Leeds NHS Health Checks Procurement Review**Key Messages: No. 1 – August 2022****What is an NHS Health Check?**

The NHS Health Check programme aims to prevent cardiovascular disease and associated conditions through the early assessment, awareness and management of risk factors. It targets eligible adults between the ages of 40-74 to spot the early signs of stroke, kidney disease, heart disease, type 2 diabetes and dementia and offers advice, support and interventions to reduce their overall risk. These conditions have the greatest impact on the most deprived communities, so the NHS Health Check also provides an opportunity to help reduce health inequalities. Leeds has been offering NHS Health Checks to its eligible population since 2009 from all GP practices.

How does this fit with the Leeds Health & Wellbeing Strategy?

The NHS Health Check contributes to Leeds' strategic aims by:

- Reducing health inequalities and improving the health of the poorest the fastest
- Supporting healthy, physically active lifestyles
- Working as a system to ensure people get the right care, from the right people in the right place

Our vision

All eligible people in Leeds are offered and receive a timely, quality, person-centred NHS Health Check with high uptake from population groups most likely to benefit, helping to increase accessibility and reduce health inequalities.

What do we want to achieve?

The current NHS Health Check service contract in Leeds ends in March 2024. We want to work with partners, stakeholders and the public to review the NHS Health Check programme in order to inform how this service is delivered going forwards as part of the re-procurement process.

Timescales

- Pre-procurement process including service evaluation; health needs assessment; research of other delivery models: April 2022 - May 2023
- Generation of public and professional insight via research company: July - October 2022
- Stakeholder engagement: ongoing throughout development and implementation.
- Consultation with stakeholders on proposed delivery models: November - December 2022
- Service delivery model and re-procurement approach agreed: January 2023
- Contract award and mobilisation: October 2023
- Service start date: 1st April 2024

Need more information or want to inform the future delivery of NHS Health Checks?

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