

Lisa, from Tiny Outdoor Explorers is working with **Leeds Dads** to run Forest School sessions for Dads and their little ones.

**Saturday 9th & 16th Oct**

Session 1: 09.45 - 11.00 Session 2: 11.45 - 13.00

at Meanwood Valley Urban Farm, Sugar Well Rd, Meanwood, Leeds LS7 2QG

Following the activity session there will be an opportunity for an informal cuppa together.

***Please remember that joining Leeds Dads Forest School means you have free entry to the farm afterwards!***

Explore and discover the wonders of the natural world, through group games, minibeast safaris, nature art & craft, scavenger hunts... and probably a fair amount of mud! Every week we will:

- Open with a group circle, where safety issues are highlighted, and activities explained.
- Explore creatures, plants and trees.
- Get creative with natural materials.

**Parents are responsible for and must supervise their children at all times during the session**



Sessions are held outdoors, whatever the weather. Please ensure your child is suitably dressed, in clothes that you are happy for them to get dirty.

In Autumn we recommend:

- Waterproofs
- Suitable footwear.
- Warm clothing
- Drinking water



**About Lisa:** *Hi, I am mum to two boys, aged 12 & 15. I have worked in environmental education for 30 years and still love the wonder experiencing nature brings to children. I am a qualified Forest School Practitioner and been running my own business, Tiny Outdoor Explorers since 2013.*



Where to meet

Route from car park to shelter.



Leeds Dads Forest School  
Shelter & Meeting Place

meet at the Leeds Dad's event shelter, which will be located at Sculpture No5 in Scott Hall Coppice, about 10 mins walk from the car park - please see map above.

**Getting Here:**

**Meanwood Valley Urban Farm, Sugar Well Rd, Meanwood, Leeds LS7 2QG**

**By bus:** Catch the 51 or 52 and get off at Woodhouse Cricket Club on Meanwood Rd. Follow the signs it's a five min walk to the Farm.

**By car:** There is a small car park on the Farm, but space may be limited at busy times.

**Taking part in these sessions, you agree to follow government guidance regarding Covid-19. This means:**

•If you are symptomatic or suspect you have been exposed to the virus you do not take part and remain at home.