





















MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 - BANK HOLIDAY</p>	<p>4</p> <p><b>New Roots Employability Workshops</b> PATH Yorkshire How to write a CV and cover letter 10-11.30 Text 'WORKSHOP' to PATH: 07943 027922</p> <p><b>HARP Pilates exercise group</b> 10.45-11.30 Zoom ID: 953 2466 2808 Password: 4567</p> <p><b>Tuesday Treats (Touchstone)</b> Quiz, games, support 11-1 Contact Wendy for details: 0113 248 4880</p> <p><b>NCT Antenatal Group</b> 12:45-2:15 Call/text Rose to book: 07393 011902</p> <p><b>Meet &amp; connect social group</b> LASSN (Women only) 1.30-2.45 Hala (07832 977006) Anna (07927 808375)</p> <p><b>BRAP Conversation Club</b> All welcome 5-6 Zoom ID: 956 1594 1451 Password: cclub20!</p>	<p>5</p> <p><b>Learn English Through Cooking</b> Women only HARP 11-12 Zoom ID: 916 5873 2180 Password: HARP2020! 07876600642/ 07342990029</p> <p><b>COVID workshop: how to get tested</b> Refugee Council 11.30-12.30 Call/text Amy for details: 07876 144304</p> <p><b>HARP Conversation class</b> All welcome Zoom ID: 951 4004 2328 Password: HARP2020!</p>	<p>6</p> <p><b>IELTS for Refugees/Migrants/Asylum Seekers</b> RETAS 10-12 / 1-3 Contact Natasha to book: 07956 940220</p> <p><b>Meet &amp; connect social group</b> LASSN All welcome 10.30-11.30 Hala (07832 977006) Anna (07927 808375)</p> <p><b>Know Your Rights #6: Welfare benefits</b> DLA Piper and Refugee Council 11-12.30 Call/text Amy for details: 07876 144304</p> <p><b>HARP Art Therapy Group</b> 1-2 Zoom ID: 980 249 3802 Password: HARP2020!</p> <p><b>The Conversation Club</b> All welcome 2.30-4 Zoom ID: 821 0936 4557 Password: 229026</p> <p><b>MEMEC - Walking in nature</b> Women only For more information contact: 07370 289691</p>	<p>7</p> <p><b>RETAS</b> Facebook drop in 10-12.30 Send a message to 'Retas Leeds' for support and advice</p> <p><b>Women's drama workshop</b> MAFWA Theatre 3-4 Booking link <a href="#">here</a> or contact Keziah for details: 07563 477133</p>
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**New Roots  
Conversation Club**  
10.30-11.30  
Call/text Amy for details:  
07876 144304



**SATURDAY**

**MEMEC Youth Group**

Boys and girls welcome  
Aged 10+



Martial arts, English, Maths

For more information contact: 07310 289691

**MEMEC Virtual Arabic school**

Children welcome



For more information contact: 07310 289691

**MEMEC Virtual Spring camp**

Women only



8.30

For more information contact: 07310 289691

If you'd like to add your activity onto the next monthly calendar, contact Jasmine Evans at Refugee Council: [jasmine.evans@refugeecouncil.org.uk](mailto:jasmine.evans@refugeecouncil.org.uk) or 07778 105397