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			<p>1 Meet & connect social group LASSN All welcome 10.30-11.30 Hala (07832 977006) Anna (07927 808375) </p> <p>Know Your Rights #3: Education DLA Piper and Refugee Council 11-12.30 Call/text Amy for details: 07876 144304 </p> <p>HARP Art Therapy Group 1-2 Zoom ID: 980 249 3802 Password: HARP2020! </p> <p>The Conversation Club All welcome 2.30-4 Zoom ID: 821 0936 4557 Password: 229026 </p> <p>MEMEC - Walking in nature Women only For more information contact: 07370 289691 </p>	2 – BANK HOLIDAY
5 – BANK HOLIDAY	<p>6 New Roots Employability Workshops  PATH Yorkshire Advice on volunteering 10-11.30 Text 'WORKSHOP' to PATH: 07943 027922</p> <p>HARP Pilates exercise group  10.45-11.30 Zoom ID: 953 2466 2808 Password: 4567</p> <p>Tuesday Treats (Touchstone)  Quiz, games, support 11-1 Contact Wendy for details: 0113 248 4880</p> <p>NCT Antenatal Group  12:45-2:15 Call/text Rose to book: 07393 011902</p> <p>Meet & connect social group  LASSN (Women only) 1.30-2.45 Hala (07832 977006) Anna (07927 808375)</p> <p>BRAP Conversation Club  All welcome 5-6 Zoom ID: 956 1594 1451 Password: cclub20!</p>	<p>7 Learn English Through Cooking  Women only HARP 11-12 Zoom ID: 916 5873 2180 Password: HARP2020! 07876600642/ 07342990029</p> <p>HARP Conversation class  All welcome Zoom ID: 951 4004 2328 Password: HARP2020!</p>	<p>8 Meet & connect social group  LASSN All welcome 10.30-11.30 Hala (07832 977006) Anna (07927 808375)</p> <p>HARP Art Therapy Group  1-2 Zoom ID: 980 249 3802 Password: HARP2020!</p> <p>The Conversation Club  All welcome 2.30-4 Zoom ID: 821 0936 4557 Password: 229026</p>	<p>9 RETAS  Facebook drop in 10-12.30 Send a message to 'Retas Leeds' for support and advice</p> <p>Women's drama workshop  MAFWA Theatre 3-4 Booking link here or contact Keziah for details: 07563 477133</p>

<p>12 New Roots Conversation Club 10.30-11.30 Call/text Amy for details: 07876 144304</p> 	<p>13 HARP Pilates exercise group 10.45-11.30 Zoom ID: 953 2466 2808 Password: 4567</p>  <p>Tuesday Treats (Touchstone) Quiz, games, support 11-1 Contact Wendy for details: 0113 248 4880</p>  <p>NCT Antenatal Group 12:45-2:15 Call/text Rose to book: 07393 011902</p>  <p>Meet & connect social group LASSN (Women only) 1.30-2.45 Hala (07832 977006) Anna (07927 808375)</p>  <p>BRAP Conversation Club All welcome 5-6 Zoom ID: 956 1594 1451 Password: cclub20!</p> 	<p>14 Learn English Through Cooking Women only HARP 11-12 Zoom ID: 916 5873 2180 Password: HARP2020! 07876600642/ 07342990029</p>  <p>HARP Conversation class All welcome Zoom ID: 951 4004 2328 Password: HARP2020!</p> 	<p>15 Meet & connect social group LASSN All welcome 10.30-11.30 Hala (07832 977006) Anna (07927 808375)</p>  <p>HARP Art Therapy Group 1-2 Zoom ID: 980 249 3802 Password: HARP2020!</p>  <p>The Conversation Club All welcome 2.30-4 Zoom ID: 821 0936 4557 Password: 229026</p> 	<p>16 RETAS Facebook drop in 10-12.30 Send a message to 'Retas Leeds' for support and advice</p>  <p>Women's drama workshop MAFWA Theatre 3-4 Booking link here or contact Keziah for details: 07563 477133</p> 
<p>19 New Roots Conversation Club 10.30-11.30 Call/text Amy for details: 07876 144304</p> 	<p>20 New Roots Employability Workshops PATH Yorkshire Being a healthcare assistant 10-11.30 Text 'WORKSHOP' to PATH: 07943 027922</p>  <p>HARP Pilates exercise group 10.45-11.30 Zoom ID: 953 2466 2808 Password: 4567</p>  <p>Tuesday Treats (Touchstone) Quiz, games, support 11-1 Contact Wendy for details: 0113 248 4880</p>  <p>NCT Antenatal Group 12:45-2:15 Call/text Rose to book: 07393 011902</p>  <p>Meet & connect social group LASSN (Women only) 1.30-2.45 Hala (07832 977006) Anna (07927 808375)</p>  <p>BRAP Conversation Club All welcome 5-6 Zoom ID: 956 1594 1451 Password: cclub20!</p> 	<p>21 Learn English Through Cooking Women only HARP 11-12 Zoom ID: 916 5873 2180 Password: HARP2020! 07876600642/ 07342990029</p>  <p>HARP Conversation class All welcome Zoom ID: 951 4004 2328 Password: HARP2020!</p> 	<p>22 Meet & connect social group LASSN All welcome 10.30-11.30 Hala (07832 977006) Anna (07927 808375)</p>  <p>Know Your Rights #4: Housing rights DLA Piper and Refugee Council 11-12.30 Call/text Amy for details: 07876 144304</p>  <p>HARP Art Therapy Group 1-2 Zoom ID: 980 249 3802 Password: HARP2020!</p>  <p>The Conversation Club All welcome 2.30-4 Zoom ID: 821 0936 4557 Password: 229026</p> 	<p>23 RETAS Facebook drop in 10-12.30 Send a message to 'Retas Leeds' for support and advice</p>  <p>Women's drama workshop MAFWA Theatre 3-4 Booking link here or contact Keziah for details: 07563 477133</p> 

<p>26 New Roots Conversation Club 10.30-11.30 Call/text Amy for details: 07876 144304</p> 	<p>27 HARP Pilates exercise group 10.45-11.30 Zoom ID: 953 2466 2808 Password: 4567</p>  <p>Tuesday Treats (Touchstone) Quiz, games, support 11-1 Contact Wendy for details: 0113 248 4880</p>  <p>NCT Antenatal Group 12:45-2:15 Call/text Rose to book: 07393 011902</p>  <p>Meet & connect social group LASSN (Women only) 1.30-2.45 Hala (07832 977006) Anna (07927 808375)</p>  <p>BRAP Conversation Club All welcome 5-6 Zoom ID: 956 1594 1451 Password: cclub20!</p> 	<p>28 Learn English Through Cooking Women only HARP 11-12 Zoom ID: 916 5873 2180 Password: HARP2020! 07876600642/ 07342990029</p>  <p>HARP Conversation class All welcome Zoom ID: 951 4004 2328 Password: HARP2020!</p> 	<p>29 Meet & connect social group All welcome 10.30-11.30 Hala (07832 977006) Anna (07927 808375)</p>  <p>Know Your Rights #5: Employment law DLA Piper and Refugee Council 11-12.30 Call/text Amy for details: 07876 144304</p>  <p>HARP Art Therapy Group 1-2 Zoom ID: 980 249 3802 Password: HARP2020!</p>  <p>The Conversation Club All welcome 2.30-4 Zoom ID: 821 0936 4557 Password: 229026</p> 	<p>30 RETAS Facebook drop in 10-12.30 Send a message to 'Retas Leeds' for support and advice</p>  <p>Women's drama workshop MAFWA Theatre 3-4 Booking link here or contact Keziah for details: 07563 477133</p> 
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SATURDAY	
<p>MEMEC Youth Group Boys and girls welcome Aged 10+ Martial arts, English, Maths For more information contact: 07310 289691</p>	
<p>MEMEC Virtual Arabic school Children welcome For more information contact: 07310 289691</p>	
<p>MEMEC Virtual Spring camp Women only 8.30 For more information contact: 07310 289691</p>	