

**Tablet Allocation Referral Form**

This project aims to support men in Leeds who are ‘socially isolated’ and ‘digitally excluded’. Barca-Leeds defines ‘social isolation’ as involuntarily having very few social connections, which affects your quality of life. Barca-Leeds defines ‘digitally excluded’ as not having access to digital equipment (i.e. a smart phone, computer or tablet) with internet access to use whenever you choose to, within your own home.

Please only complete this form if you identify as male, are ‘socially isolated’, and ‘digitally excluded’ by the above definitions. We cannot accept referrals for people who are not male, socially isolated or digitally excluded.

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| --- |
| **Please provide your details in the boxes below** |
| **Full name** |  |
| **Date of birth** |  |
| **Do you identify as male?** |  |
| **Address** |  |
| **Phone number** |  |
| **Do you have any specific accessibility needs when using digital hardware?** |  |
| **Referring agency** |  |

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| --- |
| **Office use only** |
| **Reference no:** |

**Please tell us a bit about your situation below, in relation to:**

1. **Social isolation**
2. **Digital exclusion**

**If a tablet is provided to you, Barca-Leeds will contact you at different points throughout this project to gather your feedback. Feedback will be anonymous, and will cover the following areas:**

1. **The way you use the tablet.**
2. **Wider issues which might affect your health & wellbeing, such as access to medical and social support services.**

**Barca-Leeds also has a limited pool of volunteers that are supporting this project.**

**Would you like a volunteer to help you with practicalities of using the tablet (e.g. using the internet for video calling, gaming or communication purposes)?**

**Yes** [ ]  **No** [ ]

**If yes, please provide any information you’d like us to consider when allocating your volunteer below:**

**Your data is stored in line with Barca-Leeds’** [**Men’s Health Unlocked privacy policy**](https://www.barca-leeds.org/sites/default/files/2020-12/MensHealthUnlockedOnlineBarcaPrivacyNotice.docx) **and** [**organisation wide privacy policy.**](https://www.barca-leeds.org/privacy)

**To request a copy, please email** **menshealthunlocked@barca-leeds.org** **or visit our** [**website.**](https://www.barca-leeds.org/services/mhu)

**If you have any issues or questions regarding this form, please do not hesitate to contact us on the email address above.**

**Thank you for completing this form.**

**Please return to** **menshealthunlocked@barca-leeds.org**

**References for definitions:**

**Age UK:**

<https://www.ageuk.org.uk/our-impact/policy-research/loneliness-research-and-resources/loneliness-isolation-understanding-the-difference-why-it-matters/#:~:text=It%20refers%20to%20the%20perceived,and%20not%20quality%20of%20relationships>.

**The National Lottery:**

<https://www.tnlcommunityfund.org.uk/insights/loneliness-and-social-isolation#:~:text=What%20do%20we%20mean%20by%20loneliness%20%26%20social%20isolation%3F&text=It%20refers%20to%20the%20quantity,groups%2C%20their%20community%20and%20society>.

**NHS Digital:**

<https://digital.nhs.uk/about-nhs-digital/our-work/digital-inclusion/what-digital-inclusion-is#document-content>