

Help reduce the spread of COVID in Leeds

You can help protect the people you come into contact with by informing them about COVID safety practice.

If you don't want to catch it or pass it on, assume everyone has it.



FOLLOW THE FACTS:

Face coverings in enclosed spaces

Ask friends & neighbours if they need help, or a chat - keeping to your area's rules

Clean your hands & surfaces you touch

Two-metre distancing & avoid crowded places

Self-isolate & get a test if you have symptoms

For the latest local guidance and advice visit:

www.leeds.gov.uk/coronavirus

