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**E-Learning Opportunities**

**Are you unemployed or not in work or education?**

**Want to gain some training that will support you into employment?**

**Work from home at your own pace.**

* **Introduction to fire safety in the workplace**
* **Managing conflict**
* **Self Awareness and personal development**
* **stress management**
* **team working**
* **Health and safety L1**
* **manual handling L1**
* **safeguarding children L1**
* **food safety l1**
* **introduction to allergens L1**
* **Introduction to Fire Safety L1**

**For more information contact Adele on** **adele.cooper@community-matters.org.uk** **or telephone 07718651259**

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