**Community Matters Yorkshire is offering free online courses.**

* **Introduction to fire safety in the workplace**
* **Managing conflict**
* **Self Awareness and personal development**
* **stress management**
* **team working**
* **Health and safety**
* **manual handling**
* **safeguarding children**
* **food safety**
* **introduction to allergens**

**Free to anyone who is economically inactiveWork or claiming benefits.**

**wORK from home at your own pace. All you need is a tablet or a computer and a link will be sent to your personal email address.**

**On completion you will receive a certificate from awarding body - Highfield Group.**

email [ADELE.COOPER@COMMUITY-MATTERS.ORG.UK](mailto:ADELE.COOPER@COMMUITY-MATTERS.ORG.UK)

OR PHONE 07718651259 FOR FURTHER INFORMATIOn

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