

## ART FOR THERAPY SESSIONS

Paint, draw and create in a friendly and supportive group. Express yourself and your inner strengths through art.

HEART Centre, Headingley Bennet Road, LS6 3HN

Every Monday, 10.30-12.00
27th January - 9th March
(no session on 17th February due to
half term)

 $^{\star}$ travel expenses provided for eligible participants



This project has been partfunded by the European Union Asylum, Migration and Integration Fund. Making management of migration flows more efficient across the European Union.







Bus routes: 1, 6, 19, 19A, 28, 56, X84

Contact Jasmine Evans for more information or to book a place: 07778 105397 or jasmine.evans@refugeecouncil.org.uk

\*Eligibility: Refugee / Humanitarian Protection / ILR (Settlement) / DLR ((over 12 months - as a result of an asylum claim) / Resettled Refugees / Family Reunion