

NEW ROOTS PROJECT

FIT FOR FUN

EXERCISE GROUP FOR REFUGEE WOMEN

Join us for a weekly exercise class run by friendly volunteers!



Starting Wednesday 6 November | 11:00-12:00
Beeston Hill United Free Church,
Malvern Road, Leeds, LS11 8PD
Bus: 10, 2, 3

Give it a go - zumba and pilates.
All abilities welcome.

Text or call Jasmine to sign up: 07778 105397



**SUPPORTING AND
EMPOWERING
REFUGEES**

This project has been part-funded by the European Union Asylum, Migration and Integration Fund. Making management of migration flows more efficient across the European Union.

