

NEW ROOTS PROJECT

# FIT FOR FUN

EXERCISE GROUP FOR REFUGEE WOMEN

Join us for a weekly exercise class run by friendly volunteers!



**Starting Wednesday 6 November | 11:00-12:00**  
**Beeston Hill United Free Church,**  
**Malvern Road, Leeds, LS11 8PD**  
**Bus: 10, 2, 3**

**Give it a go - zumba and pilates.**  
**All abilities welcome.**

**Text or call Jasmine to sign up: 07778 105397**



**SUPPORTING AND  
EMPOWERING  
REFUGEES**

This project has been part-funded by the European Union Asylum, Migration and Integration Fund. Making management of migration flows more efficient across the European Union.

