**Notes of the Refugee and Asylum Seeker Mental Health Pathways Meeting**

**22/7/19**

**Oak House**

**Present**: Gill Newman (Freedom from Torture), Emma Marsh (WCTS) Anne Burghraef and Kathryn Ashworth (Solace)

**Apologies:** Robin Ellis (CMHT) Richard Garland (Touchstone) Sanjeev Dayal (PAFRAS)

1. Purpose of the Pathways Meeting review:

The discussion identified various aims and objectives:

* To develop understanding of the services supporting RAS mental health. (Meaning frontline services and how things actually work in practice rather than on paper) Including both statutory and voluntary sector so practitioners are aware of any service changes and developments.
* Develop better referral pathways as a result of improved practical understanding.
* Identify gaps in service provision and learning from each other about the unmet needs of our clients.
* To share best practice between professionals who want to deliver services to RAS, acknowledging that the needs of RAS are complex and not well understood.
* To influence the development of mental health services so they better understand and meet the needs of RAS.
* To highlight the specific needs of RAS in planning and to share expertise to enable decision makers to take their needs in to account.
* To feed directly into the Leeds Migration Partnership strategic objective focussing on mental health.

Actions:

* Gill will forward details of previous terms of reference and information about templates used in other areas. Also previous reviews that have been carried out about the effectiveness and usefulness of the meeting.
* Kathryn will find out about how to update the Mindwell website, in terms of sharing expertise about the needs of RAS and what information might be most helpful. Consider how best to keep information about service developments up to date, perhaps a MH section for RAS?
* All organisations on the mailing list to be encouraged to provide service updates prior to the meeting if they are unable to attend.
* Invite Touchstone, Mind, Barca, SARSVL, Dial House@Touchstone and York street practice to provide information about how many RAS access their services, and their ability to provide travel expenses, interpreters etc.
* Confirm the date of the next meeting for Richard Garland to present the evaluation of the stabilisation programme.

1. Ethnic Inequalities and severe mental health:

(see attached paper)

All organisations are encouraged to participate in the brief collation of best practice survey which is attached. Although the research is about people living with a severe mental illness and at risk of detention, it is also aiming to collate information from a wide range of sources and it is important that the very specific needs of RAS are included.

* Kathryn will draft a response on behalf of the Pathways meeting and distribute for comment.
* All organisations to complete the survey about their own work. (only 300 words required) Deadline is 31st of July so very quick turnaround required.

**Date of next meeting: 28th November 2019 venue to be confirmed.**

**Main agenda item is an update and presentation about the evaluation of the IAPT Stabilisation Programme from Richard Garland.**