**Do you work or volunteer with children and young people from Black, Asian and Minority Ethnic (BAME) groups in Leeds?**

**Please contribute your views about emotional health/mental health…**

**What is the purpose of the survey?**

Public Health, Leeds City Council and NHS Leeds CCG are carrying out research to learn more about the emotional wellbeing/mental health issues experienced by BAME groups, and to gather ideas about how to improve support. We are interested in the views of people who work with, volunteer or advocate for BAME children and young people in Leeds.

*'We are committed to action not just consultation. We want to find out more about the inequalities experienced by different ethnic groups and understand how we can adapt support available in Leeds to better meet the needs of all children and young people in the city.'***Dr Jane Mischenko, Lead Strategic Commissioner: Children & Maternity Care, NHS Leeds CCG**

The survey should take about 5 to 10 minutes to complete.

**Your details:**

This section is optional so leave blank if you prefer your answers to be anonymous:

Name:

Job role:

Organisation:

**Ethnicity**

We are particularly interested in issues that are culturally specific rather than generic issues that apply to all children and young people. **Please be specific about which groups you are referring to in your answers below.**

We are aware of the weaknesses of this approach as it assumes a shared experience across diverse groups of people. This is a weakness of research into issues related to ethnicity, but it is the most efficient way to carry out research in this area. The report will reflect on these limitations.

1. Thinking about the groups that you work with, are there any culturally specific factors that you feel contribute to children/young people having **good** emotional health?
2. Are there any factors that you feel impact **negatively** on children/young people’s emotional wellbeing and mental health? This may be culturally specific issues such as family attitudes, or societal issues such as racism.
3. What are the main barriers to accessing services if a child is experiencing emotional/mental health difficulties? (Please select as many answers as you wish)
* Families don’t know where to get support
* Families don’t believe that services would help
* Lack of trust in services
* Worries about discrimination from professionals
* Worries that services will not be culturally appropriate
* Worries about confidentiality
* Worries about how the child/young person would react
* Worries about what other people would think
* Worries about people gossiping
* Language barriers
* Length of waiting times
* Other:
1. Are you aware of any common attitudes or behaviors within different groups in relation to seeking help for emotional or mental health difficulties?
2. What do you think needs to change or be improved in relation to supporting BAME children and young people’s emotional well-being/mental health in Leeds?
3. Can you tell us about any examples of good practice that you are aware of? I.e. projects or services that support BAME children and young people’s emotional/mental health
4. Any other comments?

**What will we do with the findings?**

We will publish the findings from this research in November 2019, followed by a summary of the changes that have taken place or planned in May 2020. This will be published on the NHS Leeds CCG website <https://www.leedsccg.nhs.uk/get-involved/consultations/>.

For a similar example, see the document *'Support Needs of Parents/Carers of Children and Young People Dealing With Mental Health Issues – you said/we did'* which is currently on the CCG website.

If you would like to receive a copy of the final report please input your email address here:

**Thank you for filling in this survey.**

**Please return by email to** **charlotte.hanson@leeds.gov.uk** **by 1st September**

**Where to find information about support in Leeds**

If you want to know more about support services in Leeds for children and young people who are experiencing problems, you can find out more on the MindMate website <https://www.mindmate.org.uk/>