TRYING CONFIDENCE

4-week course for women in building confidence to make new relationships, try new things and create a better life.



Place: Refugee Council, 2nd Floor Oak House, Park Lane, LS3 1EL

Bus: 49, 50, 50A, 19, 19A

This course has limited spaces.

Contact Jasmine to book: jasmine.evans@refugeecouncil.org.uk / 07778 105397

Eligibility: Refugee / Humanitarian Protection / ILR / DLR / Resettled refugees









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