



# International Women's Day

## Events in Leeds, March 2019

**For the sixth consecutive year Leeds City Council** will be celebrating International Women's Day - an excellent opportunity to connect with others across the city around this year's theme 'Balance for Better' and to launch the 'State of Women's Health' report - the first report of its kind nationally. The event is in partnership with Northern Ballet and Women's Lives Leeds and will take place at Northern Ballet, Studio Theatre, Quarry Hill, on Friday 8 March, 12noon to 2.30pm. Please book your place at:

<https://www.eventbrite.co.uk/e/international-womens-day-tickets-55652362715>

**UNISON members** are invited to a weekend event 'Building confidence in women' at the Novotel Hotel, 2 and 3 March. "Confidence is extremely important in almost every aspect of our lives, yet so many struggle to find it. The good news is that confidence can be learned and built on. In this fun and practical course, women work in pairs and small informal groups to look at the things which help them build confidence. We also look at the barriers which can get in the way of building confidence and develop a strategy for overcoming them". Open to UNISON members only, free of charge (new members welcome). Please apply through your branch, or see <http://www.unison-yorks.org.uk/education.html> for more information.

**University of Leeds and Leeds Teaching Hospitals NHS Trust** staff are invited to the Leeds Female Leaders' Network event on 6 March. Supporting Women in Leadership roles - where inspirational role models will speak about their experience and members are able to network with other members and guests. A few places left: [leedsth-tr.FemaleLeadersNetwork@nhs.net](mailto:leedsth-tr.FemaleLeadersNetwork@nhs.net)

**Yorkshire Dance** is holding a three-day festival of dance exploring female empowerment - more at <https://yorkshiredance.com/project/encounters/>





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**Staff working at Quarry House** are invited to a joint networking event and speakers include Chloe Chambrud - Gender Equality Director at Business in the Community, the Prince's Responsible Business Network. Chloe is responsible for leading research projects on gender equality in the workplace and engages in high-level consultations with key business leaders and policy-makers to drive change for women at work. Chloe will be speaking about the Equal Lives Report, which looked at balancing work with parental and other caring responsibilities. The event will also be offering well-being advice and supporting two charities: Together Women and End Period Poverty. Check Department for Work and Pensions, NHS England and Department of Health and Social Care intranets for more information.

**University of Leeds** - staff across the Faculty of Medicine and Health are invited to join an event to celebrate the achievements of women in the faculty and welcome a number of inspirational females to share their stories and insights. The event will also include an updated on HeForShe and the Gender Pay Gap. Register for your place now.

<https://www.eventbrite.co.uk/e/international-womens-day-faculty-of-medicine-and-health-event-tickets-55205172156>

**DIY tasters for women** Leeds Building College. Free sessions to any females over 16 interested in learning DIY skills or thinking about a career in construction. From 4 March. More at <https://www.lcb.ac.uk/events/international-womens-day-free-taster-sessions/>

**Don't forget** - also taking place during the week is the hugely successful Leeds Apprenticeship Recruitment Fair at Leeds' first direct arena on Monday 4 March 2019, 4pm – 8pm, kick starting a range of activities taking place throughout the city for National Apprenticeship Week 2019. More at <https://www.leeds.gov.uk/leeds-pathways/apprenticeships/larf-2019>

