

Exploring Common Ground



Building a Wider Story of Wellbeing, Kindness, Collaboration & Care

Thursday 6th December 2018 (9am-6pm)

Venue : Shine Conference Centre and Social Enterprise Hub, Harehills, Leeds LS8 5HS

- **What makes communities healthy supportive places to live?**
- **How are neighbourhoods already contributing to personal and social wellbeing in a wider way?**
- **How can we discover and spread the positive work already being done?**
- **How could a Festival of Compassion and Wellbeing offer an opportunity to support, acknowledge and celebrate local people helping local people?**

This event is for anyone interested in supporting and developing kindness and wellbeing in their communities in Leeds, whether informally as a local person, as a community activist or professionally in, at or through their work.

Exploring Common Ground is one of a series of events over the next 18 months aimed at bringing people together who see the value of a festival in offering an opportunity for people to share and develop a wider story of compassion, care, and wellbeing at the neighbourhood level and in the public space in Leeds.

The purpose of the event is to co-create and spread communities of practice, which will discover, connect, spread and celebrate Leeds as a City of compassion and wellbeing. Attendance at the event is by voluntary donation.

Our Speakers feature:

Andy Bradley, from Frameworks4Change
Philipa Bragman from Change People,
Zoe Ferguson from Carnegie UK Trust
Matthew Barber from Spaces of Hope

The day will also include facilitated world café style, open space discussions.

Further information from Angela Burnett at Compassion and Wellbeing 2020 or Josh Malkin at Network of Wellbeing

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