

Six days
April-July 2018
Leeds



Freedom from Torture
Medical Foundation for the Care of Victims of Torture

Risk, Resilience and Rights: Working with Separated Young People



Trauma, torture, flight and separation.

This six-day module equips practitioners to help separated young people navigate both the hope and despair of ambiguous loss and life in exile.

This module is designed for health and care professionals from a range of backgrounds working with young refugees and asylum seekers separated from their families/care givers.

The aim is to explore good practice and develop the skills, knowledge and confidence needed to work ethically and effectively with separated children and young people.

Sessions

27-28 April:
Themes and theories:
human rights, trauma and
development

15-16 June:
Assessing needs & risks and
supporting interventions

6-7 July:
Resilience, reintegration
and review of learning



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“An excellent and very well put together training programme with great facilitators – I have taken away so much to use in my work”

- A previous participant

The training will be held at LCI Conferencing, Leeds, at a cost of £550 for the six days, which also includes lunch, tea/coffee and snacks.

Book before 16th March for the special early bird price of just £350.

A commitment to attend all six sessions is required.

To register your interest and find out more, please email training@freedomfromtorture.org

Learning objectives

- Identify ways torture, flight, and life in the UK can impact separated young people
- Relate the legal and human rights context to your own practice
- Recognise ways in which trauma and separation impact childhood attachment and development
- Identify the range of risks associated with trauma for separated young people
- Identify good practice assessing the needs and risks of separated young people
- Demonstrate therapeutic tools and skills in working with symptoms of trauma
- Recognise the risk of vicarious trauma and identify skills and approaches to support self and team well-being

Why Freedom from Torture?

Freedom from Torture is the only national organisation in the UK that works exclusively with survivors of torture. Our training programmes offer the opportunity to share the proceeds of our decades of experience.

We delivered training services to over 2,700 people last year alone, using our specific experience to help build the capacity of practitioners across the sector.