

LEEDS

A guide for refugees and asylum seekers



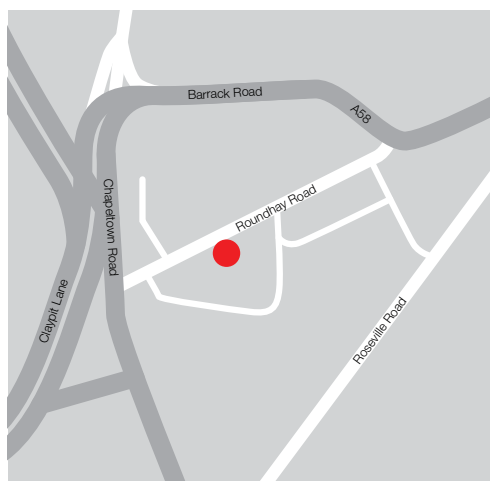
Refusing to ignore people in crisis





Welcome to Leeds.

This guide contains information on the services available to you to help you settle in your new home. Please note, all information is correct at the time of printing but services may change. Please contact the services directly to check the information is up to date.



Advonet

Unity Business Centre
26 Roundhay Road
Leeds
LS7 1AB

0113 244 0606

advocacy@advonet.org.uk

advonet.org.uk

Opening times

Monday 9.30am-3pm

Drop-in

Tuesday 9.30am-3pm

Appointments only

A bilingual advocacy service and help with accessing your rights and entitlements to social care, health services, welfare benefits, housing and debt management.

Asylum Help UK

asylumhelpuk.org

Opening times

Monday to Friday 8.30am-5.30pm

Asylum Advice UK

For issues such as claiming asylum, financial support, finding legal representation, accessing health care and accommodation support.

English (and any other language)
0808 8000 630

Albanian 0808 8000 620

Amharic 0808 8000 622

Arabic 0808 8000 624

Bengali 0808 8000 626

Chinese Mandarin 0808 8000 628

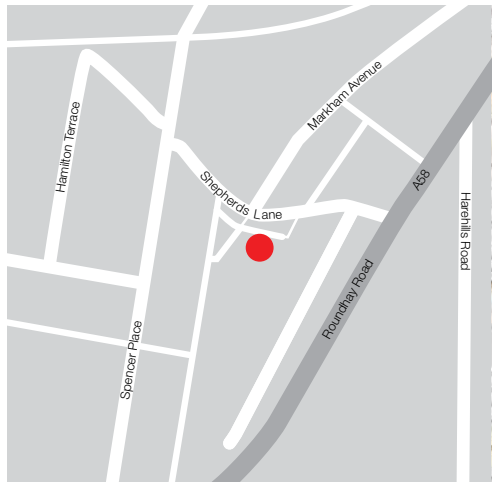
Farsi 0808 8000 632

French 0808 8000 634

Punjabi 0808 8000 636

Pushto 0808 8000 638

Somali 0808 8000 640



Tamil 0808 8000 642
Tigrinya 0808 8000 644
Urdu 0808 8000 646
Vietnamese 0808 8000 648

Support Application UK

Assistance in completing your application for asylum support or notifying the Home Office of any changes in your circumstances.

English (and any other language)
0808 8000 631

Albanian 0808 8000 621
Amharic 0808 8000 623
Arabic 0808 8000 625
Bengali 0808 8000 627
Chinese Mandarin 0808 8000 629
Farsi 0808 8000 633
French 0808 8000 635
Punjabi 0808 8000 637
Pushto 0808 8000 639
Somali 0808 8000 641
Tamil 0808 8000 643
Tigrinya 0808 8000 645
Urdu 0808 8000 647
Vietnamese 0808 8000 649

Bankside Children's Centre

Within Bankside Primary School
Shepherd's Lane
Harehills
LS8 4AW

0113 336 8383

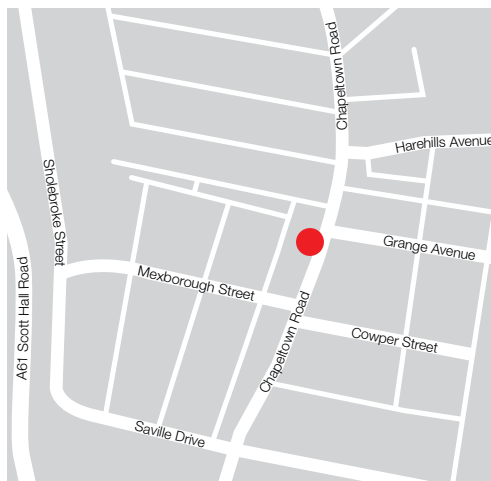
Opening times

Tuesdays 12.30pm-3pm

Drop-in

NCT antenatal and postnatal group aimed at asylum seekers and refugees. Preparation for pregnancy, birth and parenthood. A safe place to share hopes, fears, experiences and make friends.

Free crèche and interpreters for the antenatal group.



Black Health Initiative

231 Chapeltown Road

Leeds

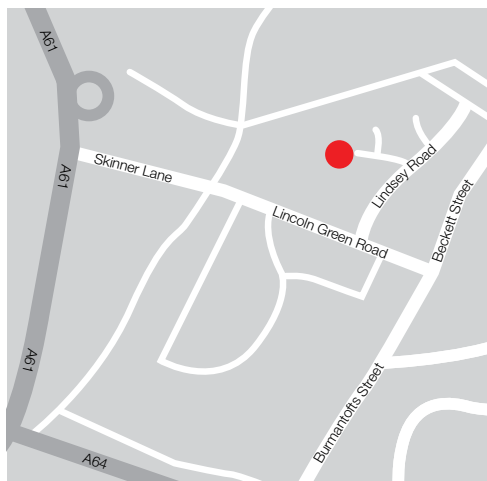
LS7 3DX

0113 307 0300

admin@bhileeds.org.uk

blackhealthinitiative.org

For equality of access to health and social care. Initiatives include FGM, free legal representation, counselling and training. Also run community café Fusion



Boston Towers Drop-in

Touchstone Community

Development

East Leeds Health for All

41-47 Cromwell Mount

Leeds

LS9 7ST

Maxine or Wendy on 0113 248 4880

elhfa@touchstonesupport.org.uk

touchstonesupport.org.uk/services/east-leeds-health-for-all-project/

Opening times

Thursday 9.45am-11.45am

Free computers and internet use plus help, support and information for healthy living.



British Red Cross

2 Armley Court
Armley Road
Leeds
LS12 2LB

0113 201 5267

HThierry@redcross.org.uk
redcross.org.uk

Destitution Project drop-in
for emergency provisions and
casework support.

St Aidan's Community Hall
Elford Place West (off Roundhay
Road)
Harehills
Leeds
LS8 5QD

Wednesdays 10am-1.30pm

Short term, one-to-one advice
and support for asylum seekers
and refugees in crisis. Help with
accessing health, education,
welfare and legal services.
Emergency support if you are
destitute.

Surviving to Thriving provides
support to young unaccompanied
or separated asylum seekers,
refugees and those who are
undocumented.

Oak House
2nd floor
94 Park Lane
Leeds
LS3 1EL

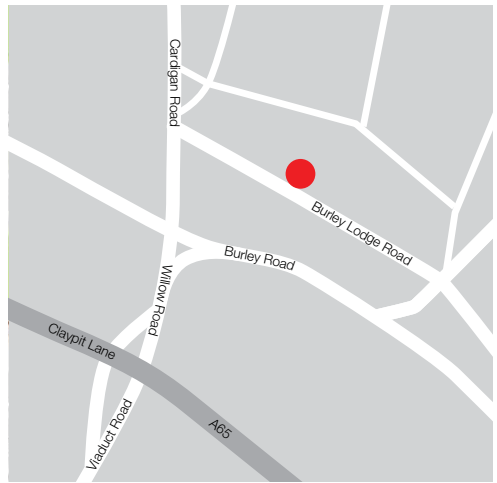
Contact Kim on 0113 386 2209

One-to-one casework for young
refugees aged 15-24 and group
sessions for people aged 15-21.
Age-disputed young people will
also be able to access the service.

Sunlight project (orientation
group) provides English classes,
life skill training and orientation
sessions.

Contact Sleman on 0113 201 5270

Family reunion support project
for free help or advice with refugee
family reunion visa applications.



Please note that capacity is limited and we do not operate a waiting list.

Contact Sarah on 0113 201 5277

International family tracing and family reunion travel assistance

Contact Olivia on 0113 201 5242

Burley Lodge Centre (Better Leeds Communities BLC)

42-46 Burley Lodge Rd
Burley
LS6 1QF

0113 2753498

0113 2399100

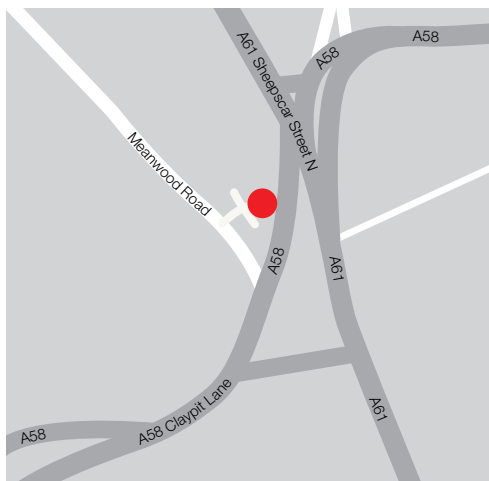
advice@burleylodge.org.uk

burleylodge.org.uk

Opening times

Monday to Friday 9am-5pm

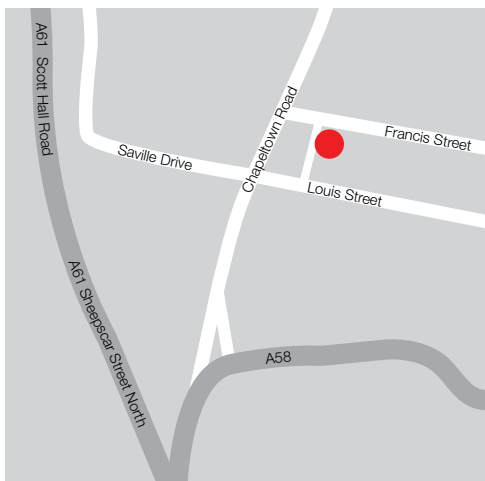
Mainstream welfare rights, debt, housing, and fuel poverty and energy efficiency advice.



C.A.R.E. (CFE)

Suite 7
Dunbar Business Centre
Unit 2-3 Sheepscar Court
Leeds
LS7 2BB
0113 247 3928
info@care-cfe.org
care-cfe.org

Shared accommodation for refugees, along with asylum seekers who are being supported by social services and helped by CARE to find work or set up a small business. Residents are helped to find permanent accommodation and maximise their benefits, and offered training and language support.



Citizens Advice Bureau (CAB) Chapeltown

Willow House
New Roscoe Buildings
Cross Francis Street
Leeds
LS7 4BZ
0113 223 4400 or 0113 262 9479
citizensadvice.org.uk

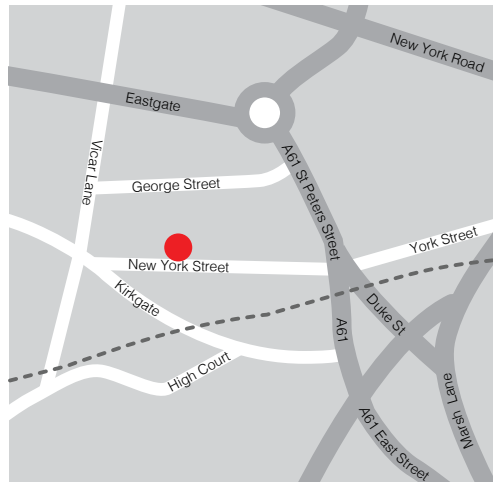
Opening times

Advice sessions:

Monday to Friday 9am-4.30pm
except Wednesday 9am-1pm and
3.15pm-4.30pm

Outreach advice sessions:

Belbrooke Surgery
Burmantofts
LS9 6AP
on Tuesdays 9.30am-12.30pm
Carlton Surgery
27 Carlton Gardens
LS7 1JL



Meanwood Group Practice
548 Meanwood Road
LS6 4JN
on Tuesdays 9.30am-12.30pm

St Martins Practice
319 Chapeltown Road
LS7 3JT

on Thursday 12pm-2.30pm
Phone or drop in between 9am and
4pm for an interview and to arrange
an advice session.

Provides debt, housing and
some employment advice. Can
countersign and help with filling in
forms.

Citizens Advice Bureau (CAB) Leeds

Westminster Buildings
31 New York Street
LS2 7DT

0113 223 4400

telephone.infoonly@leedscab.org.uk
citizensadviceleeds.org.uk

Opening times

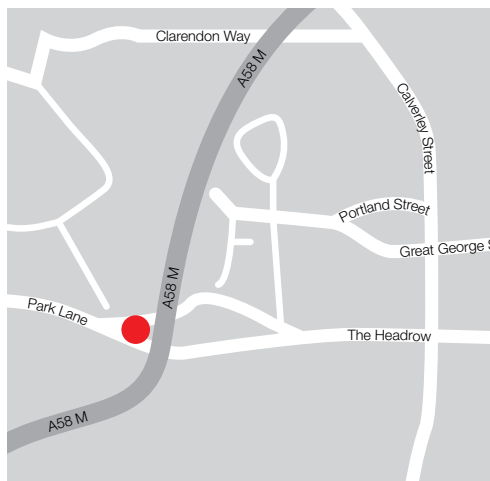
9am-5pm

Call for an appointment

9am-4pm

Drop-in

Free, independent advice and
information on welfare benefits,
debt, housing and employment.

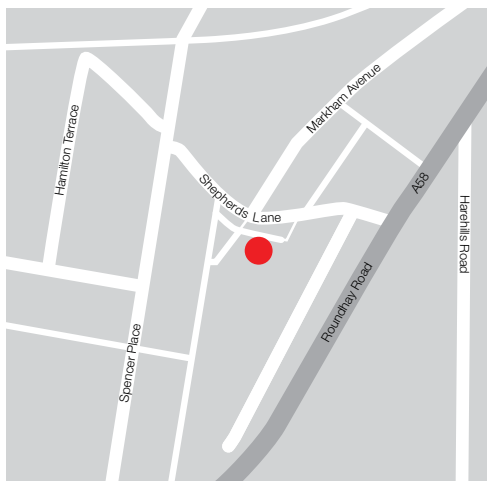


City of Sanctuary, Leeds

Oak House
94 Park Lane
Leeds
LS3 1EL

hello@leedscityofsanctuary
leeds.cityofsanctuary.org

Welcoming people seeking
sanctuary in the UK.



Choto Moni

Bankside Children's Centre
within Bankside Primary School
Shepherd's Lane
Harehills
LS8 4AN

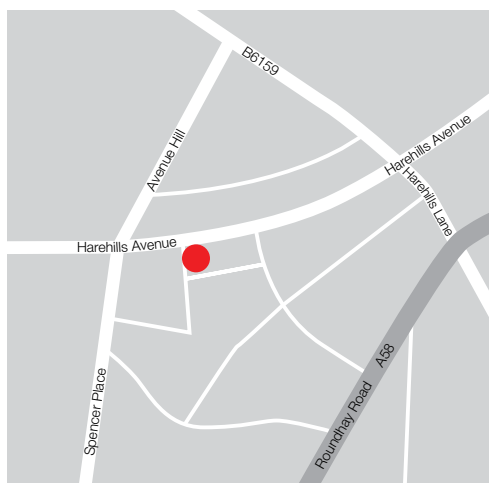
0113 336 8383

Opening times

Tuesday 12.30pm-3pm

Drop-in

Preparation for pregnancy, birth
and parenthood. Free crèche
and interpreters for the antenatal
group. Free clothing exchange. A
safe place to share hopes, fears,
experiences and make friends.



Dial House @ Touchstone

Touchstone Support Centre
53-55 Harehills Avenue
Leeds
LS8 4EX

0113 219 2727

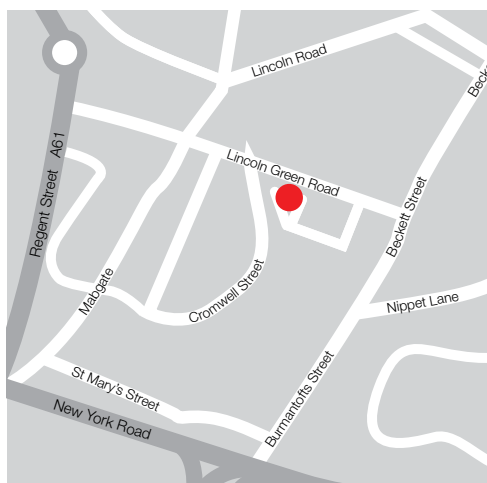
07763 581853

lscls.org.uk

Opening times

Tuesday and Thursday 6pm-11pm

Crisis services for people from BME groups in acute mental health crisis. A place of sanctuary, emotional support and information.



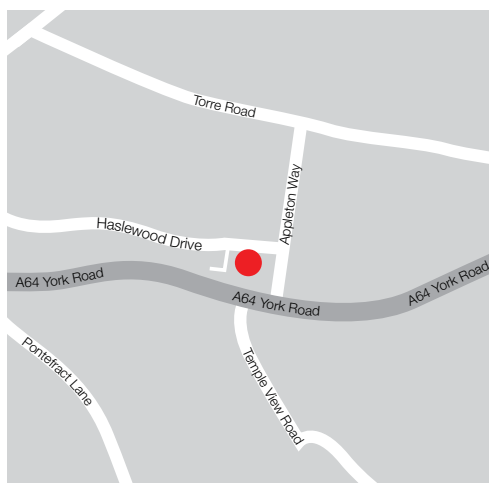
East Leeds Health for All

41-47 Cromwell Mount
Leeds
LS9 7ST

0113 248 4880

elhfa@touchstonesupport.org.uk

Service which aims to reduce health inequality through the delivery of health and wellbeing activities. Also provides service and advice materials to users.



Ebor Gardens Advice Centre

173 Haslewood Drive
Leeds
LS9 7RE

0113 235 0276

egac@btinternet.com

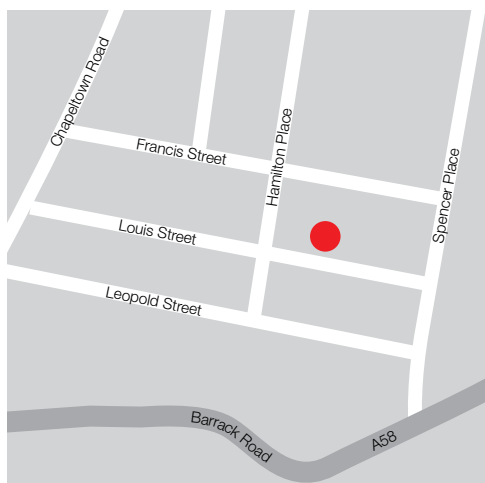
Opening times

Monday to Thursday 9am-3pm

Wednesday 10am-12pm

Emergency drop in

Information, advice and help on debt by appointment. Free half hour access to a computer for online benefits claims and checks. Book a time for access to this service.



Feel Good Factor Leeds

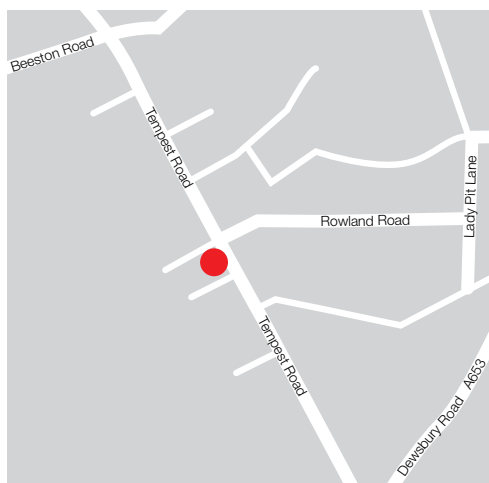
53 Louis Street
Chapeltown
Leeds
LS7 4BP

0113 350 4200

office@fgfleeds.org

fgfleeds.org

Health and wellbeing activities and services.



Hamara Healthy Living Centre

Tempest Rd

Leeds

LS11 6RD

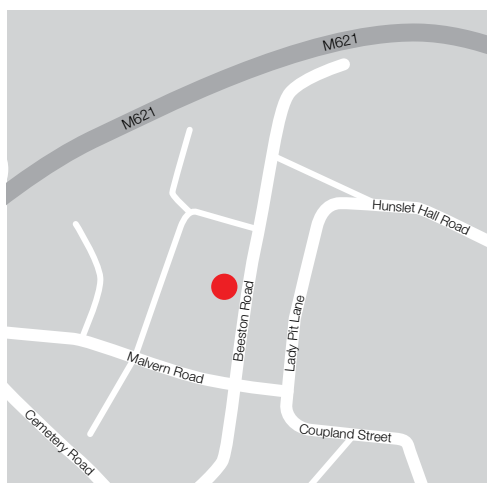
0113 277 3330

admin@hamara.co.uk

Opening times

Monday to Friday 9am-5pm

Information and advice, health promotion and education, older peoples' services, women's activities, sports and exercise, youth services, community cohesion and training programmes.



HEARTS Service (Help Each Asylum Seeker and Refugee to Settle)

The Children's Society

Hillside Enterprise Centre

Beeston Road

Leeds

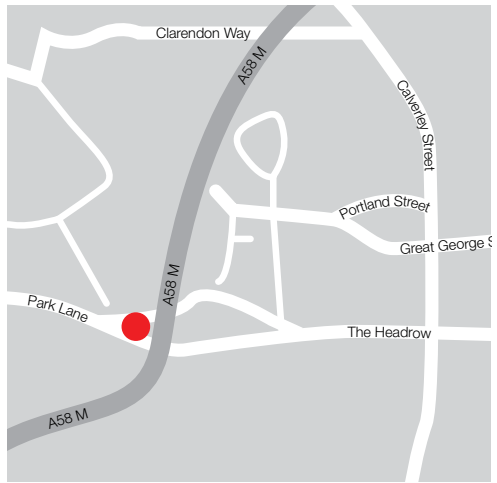
LS11 8ND

0113 387 6410

abdu.sidibe@childrenssociety.org.uk

childrenssociety.org.uk

Advocacy services, mentoring, orientation, integration, and social and creative activities for children and young people up to the age of 21 and their families, including unaccompanied asylum seeking young people.



Help in Leeds

helpinleeds.com

List of places to go for refugees and asylum seekers looking for help in Leeds.

LASSN (Leeds Asylum Seekers' Support Network)

Oak House,
94 Park Lane,
Leeds
LS3 1EL

0113 373 1759

admin@lassn.org.uk

lassn.org.uk

Opening times

Monday to Friday 9.30am-5pm

Befriending service:

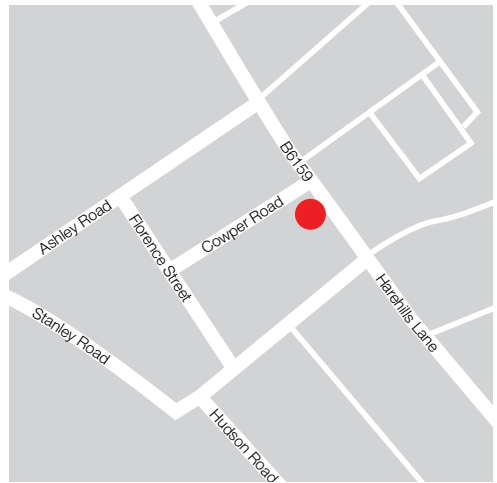
07845 298039

befriending@lassn.org.uk

English at Home for people who cannot attend classes:

07927 808375 or 07564 267065

Grace Hosting: a hot meal and a safe place to sleep for people who have nowhere else to go. Must be referred by Meeting Point Christ Church, PAFRAS or British Red Cross.



Leeds Domestic Violence Service

0113 246 0401

07825 156087

leedswomensaid.co.uk

Confidential support, information and access to emergency accommodation for women and men experiencing domestic violence. Safe house for trafficked women.

Leeds City Council Welfare Rights Unit

The Compton Centre
322 Harehills Lane
Leeds
LS9 7BG

0113 376 0452

Welfare.Rights@Leeds.gov.uk

leeds.gov.uk

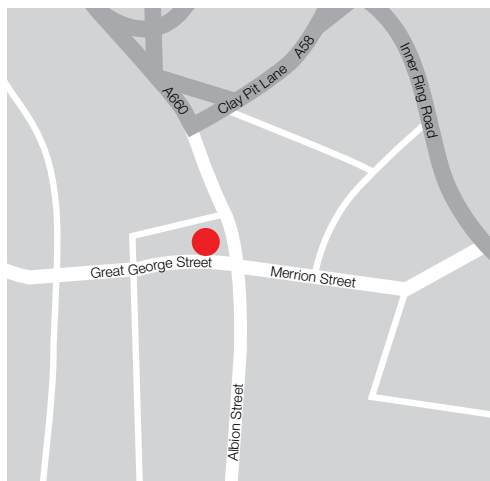
Opening times

Monday to Wednesday 9am-4.30pm

Thursday 9am-3.30pm

Friday 9am-4.00pm

Advice and information on mainstream welfare benefits and services. Help completing claim forms. Guidance and support when making appeals. Home visits available if it is difficult for you to get to a surgery.



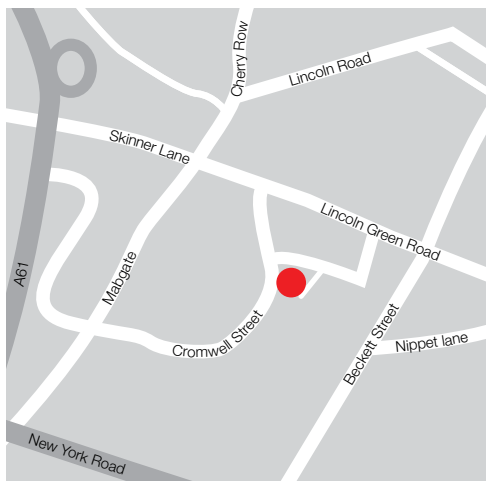
Leeds Housing Options

1st Floor
2 Great George Street
LS2 8BA
0113 222 4412
housing.options@leeds.gov.uk
leeds.gov.uk

Opening times

Monday to Thursday 8.30am-4pm
Friday 9.30am-4pm

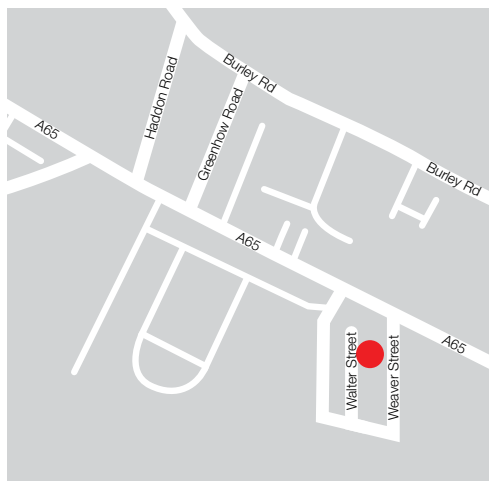
Provides assistance to the homeless or those at risk of becoming homeless. Services include providing support with accommodation, housing benefits, housing repairs, applying for a house and low income issues.



Leeds Refugee Forum

One Community Centre
Cromwell Street
Lincoln Green
LS9 7SG
0113 244 9600
info@leedsrefugeeforum.org.uk
leedsrefugeeforum.org.uk

Drop-in sessions providing advocacy, advice on debt, employment and benefits, ESOL, conversations and young refugees' homework club.



Leeds Unity Centre

07771 517135

Fax: 0113 298 7403

leedsunitycentre@hotmail.co.uk

leedsunitycentre.net

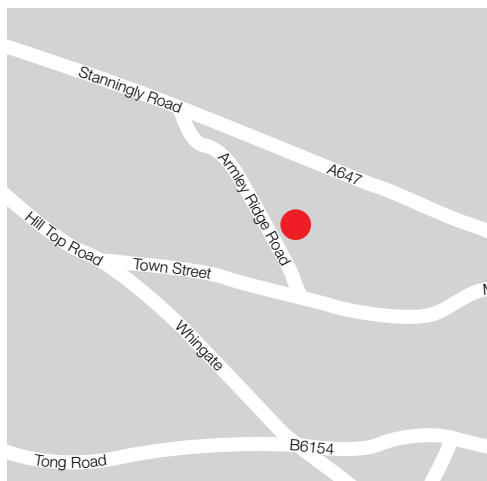
facebook.com/leedsunitycentre

Opening times

Monday to Friday 9am-5pm

Phone to make an appointment.

Supporting asylum seekers who are reporting to Waterside Court Reporting Centre.



Meeting Point Leeds

Christ Church

Armley Ridge Road

Leeds

LS12 3LE

0113 279 6700

emma.c@ccacp.org.uk

meetingpointleeds.wordpress.com

Opening times

Mondays term-time 3pm-6pm

Drop-in

Mondays school holidays 1pm-3pm

Reduced service drop-in

A hot meal, fresh and dried food parcels, nearly-new shop, confidential help and advice, English language café and conversations, computer and internet use, fun activities, holistic therapies, children's art and crafts.



Tuesday and Wednesday 10am-2pm

By appointment

Help and advice on accessing services and entitlements. Home visits and accompanying to appointments available on request.

Wednesday 1pm-3pm

Women's group

Email: Judith.s@ccacp.org.uk

PATH Yorkshire

29 Harrogate Road
Chapel Allerton
Leeds
LS7 3PD

0113 262 4600

info@pathyorkshire.co.uk

pathyorkshire.co.uk

Opening times

Conversational English Café for Muslim women:

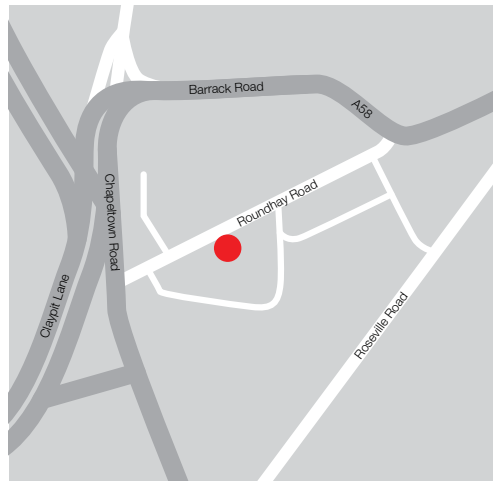
Tuesday 1pm-2pm at PATH.

Conversational English Café for all:

Wednesday 10am-11am at the
Reginald Centre (Cafe Area)
263 Chapeltown Road
Leeds LS7 3EX

Free English (ESOL) mixed classes:

Thursday 12pm-2.30pm at the Unity
Business Centre
26 Roundhay Road
Leeds LS7 1AB



Friday 10.30am-1pm at
Touchstone
47 Cromwell Mount
Leeds LS9 7ST

Free English (ESOL) women only classes:

Mondays 12pm-2.30pm at
Ebor Gardens Community Centre
Haslewood View
Leeds LS9 7PS

Thursday 9.30am-12pm at the
Bangladeshi Community Centre
Roundhay Road
Leeds LS8 5AN

Thursday 10am-12.30pm at the
Apna Centre
11 Hares View
Leeds LS8 4LH

Other classes are held in different
venues across Leeds.

Just turn up on the day for the café.
Telephone to join classes.

Classes and café are in term time
only. Visit the website for the most
up to date information.

**PAFRAS (Positive Action
for Refugees & Asylum
Seekers)**

Unit 24
Unity Business Centre,
26 Roundhay Road
Leeds
LS7 1AB

0113 262 2163

info@pafRAS.org.uk

pafRAS.org.uk

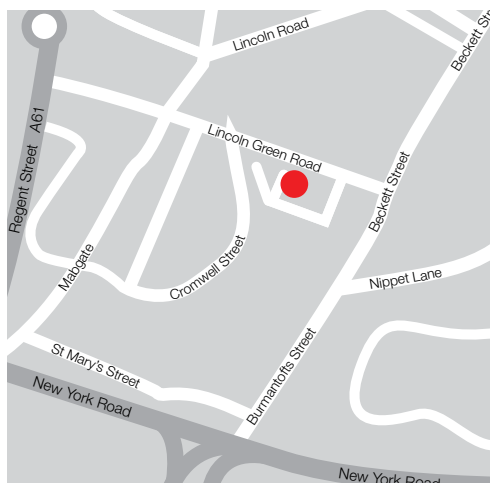
Opening times

Wednesday 10am-1.30pm

Drop-in

St Aidan's Community Hall
Elford Place West (off Roundhay Road)
Harehills
Leeds LS8 5QD

Provides immediate humanitarian
relief, long-term support, advice and
advocacy to refugees and asylum
seekers. Also provides a mental health
needs assessment and referral service.



Palm Cove Society

26 St Michaels Road
Headingley
Leeds
LS6 3AW

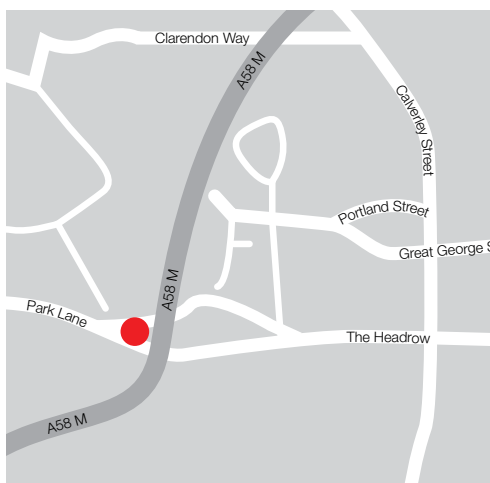
0113 2302271

enquiries@palmcovesociety.co.uk

Opening times

Monday to Friday 9am-5pm

Supported accommodation for refugees and asylum seekers, based upon availability and needs. Referral by either self-referral or through an agency.



Refugee Council

Oak House
94 Park Lane
Leeds
LS3 1EL

0113 386 2206

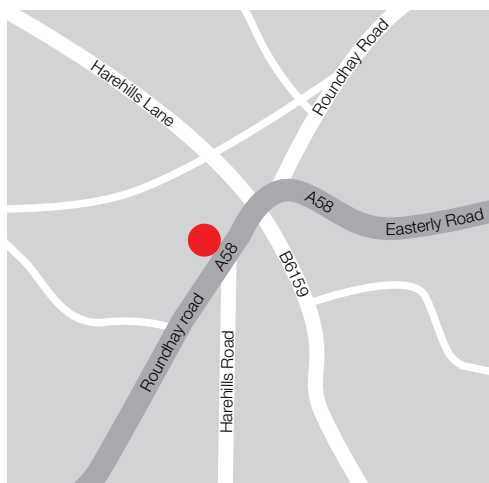
children@refugeecouncil.org.uk

refugeecouncil.org.uk

Help if you are under 18 and in the UK without your parents. Support with the asylum process and access to legal representation. Accompanying to asylum interviews and other Home Office appointments, as well as court hearings. Email with your name and phone number and they will call you back.

My View

Therapeutic counselling for unaccompanied or separated young people seeking asylum or with refugee status at any stage of the asylum process. Open to people aged 11-18, including age-disputed young people.



RETAS (Refugee Education Training & Advice Service)

233-237 Roundhay Road
Harehills
LS8 4HS

0113 380 5630

info@retasleeds.org.uk

retasleeds.org.uk

Steps to Settlement programme for newly arrived refugees and asylum seekers:

- > housing and welfare benefit workshops and advice
- > employability skills (UK job hunting culture, CV writing, interview workshops)
- > conversational English
- > living financially sustainable lives

For further information or to register, please contact Olivier at 0113 380 5630 or email him on olivier@retasleeds.org.uk

English for Settlement:

Course covers issues such as employability and benefits, with volunteer interpreters.

Welcome to Leeds project:

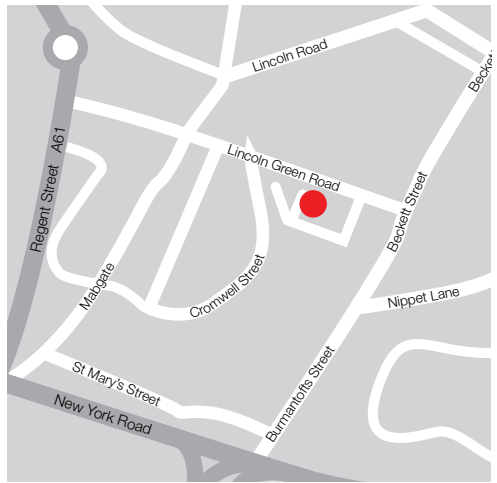
A volunteer, who speaks the same language, will meet new asylum seekers to show them around the city, connect them with specialist services, groups and places of worship.

For more information contact Charlotte or Emily:
leedswelcome@gmail.com or ring 0113 380 5630

welcome2leeds.wordpress.com/news/

IELTS: International English Language Preparation Course

Requalification: We can help you find out what your qualifications from other countries are equivalent to in the UK



Professionals support: Study groups, advice and requalification support for refugee teachers, doctors and financial professionals.

Informal Language Learning (METIKOS Project):

Including a cyber cafe learning English through an online forum.

For more information email roger@retasleeds.org.uk.

Shakespeare Medical Practice and Walk-In-Centre

Burmantofts Health Centre
Cromwell Mount
LS9 7TA

0113 295 1132

mhshakespeare.co.uk

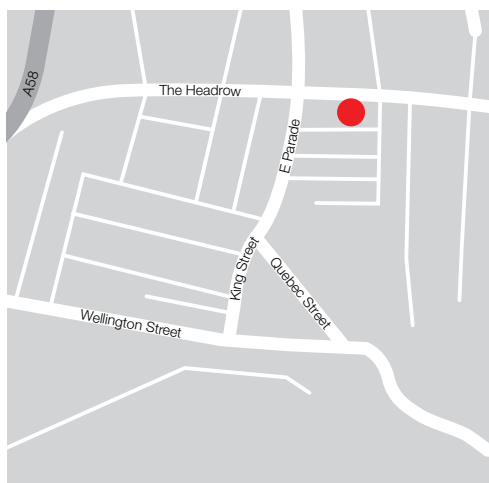
Opening times

Monday to Sunday 8am-8pm

Monday to Sunday 7pm-8pm

Emergencies only

Treatment of minor injuries for people not registered with a GP. No prescription service for unregistered patients. No appointment needed.



Skyline

Gallery House

The Headrow

Leeds

LS1 5RD

0113 244 9767

leedsskyline@thebha.org.uk

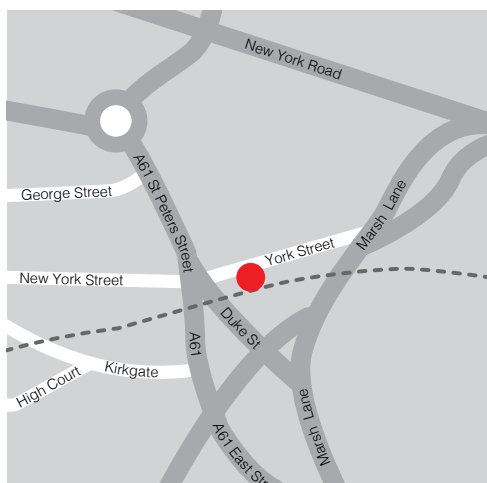
thebha.org.uk/skyline

Opening times

Monday to Friday 9am-5pm

Saturday 11am-3pm

BHA Leeds Skyline provides prevention and support services for anyone at risk of, living with or affected by HIV in Leeds.



St Anne's Resource Centre

66 York St

Leeds

LS9 8AA

0113 243 1894

info@st-annes.org.uk

st-annes.org.uk

Opening times

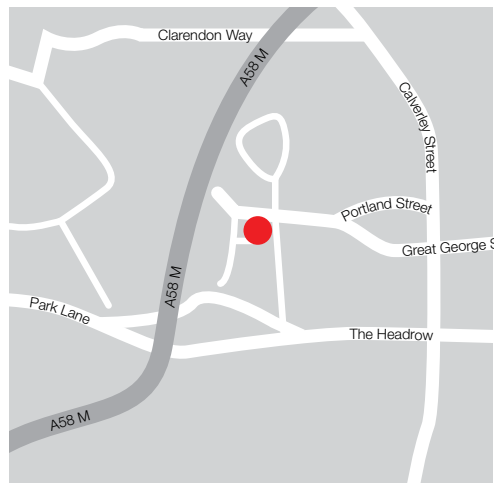
Monday to Friday 8.30am-4.30pm

RAISE drop-in

nicola.denison@st-annes.org.uk

0113 236 6982 or 07967 963219

Provides information and practical support including ESOL for homeless people. Referrals can only be made through Leeds City Council's Housing Options service for short-term accommodation for single homeless men. Referrals need a third party risk assessment.



Leeds Staff Supported Housing

For people who have mental health problems and are either homeless or unsuitably housed. You must have a primary diagnosis of mental ill health. You must be able to pay the rent and/or care or support charges. Referrals need a third party risk assessment. Phone 0113 281 6997 or email martin@st-annes.org.uk to self-refer.

St Anne's Mental Health Supported Housing Service

For anyone with mental health problems who wishes to live independently but requires some tenancy related support. Phone 0113 200 8353 or email deborah.liddle@st-annes.org.uk to self-refer.

St George's Crypt

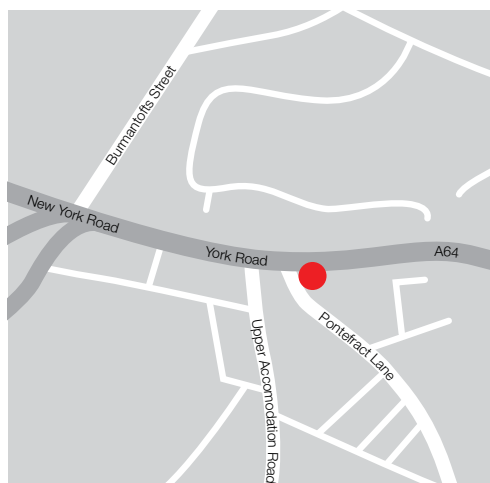
Great George Street
Leeds
LS1 3BR

0113 245 9061

admin@stgeorgescrypt.org.uk

Opening times

Monday to Friday 11am-1pm



St Vincent Support Centre

Curtis Building
4 Berking Avenue
Leeds,
LS9 9LF

0113 248 4126

hello@stvincents-svp.org.uk

stvincents-svp.org.uk

Opening times

Monday to Friday 9am-4.30pm

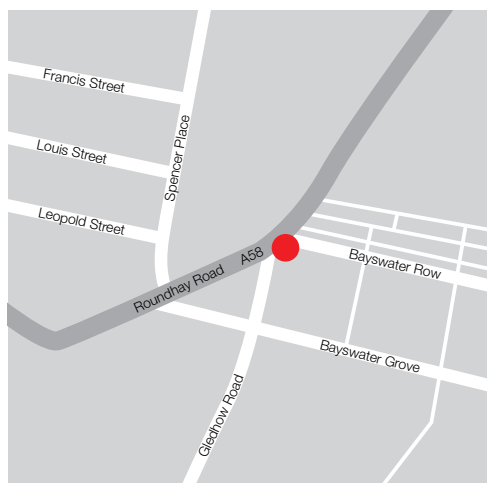
Thursday 10am-12pm

Drop-in

Free advice and guidance on:
Immigration support (in partnership
with the Manuel Bravo Project)
Settlement and citizenship
Employability skills including
managing job searches and
benefits

Housing and welfare
ESOL and further education and
training

For further information contact
julie.linley@stvincents-svp.org.uk



SOLACE (Surviving Exile & Persecution)

Suites 2 and 3
Bank House
150 Roundhay Road
Leeds
LS8 5LJ

0113 249 1437

info@solace-uk.org.uk

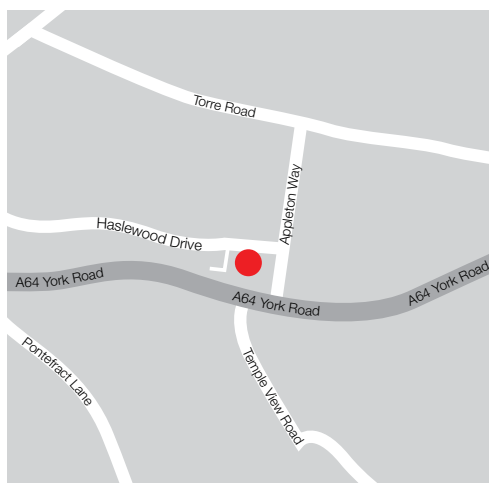
solace-uk.org.uk

Opening times

Monday to Friday 9am-5pm
Mental health service

Service is by appointment only.

Therapy and advocacy support to
the survivors of persecution and
exile.



Touchstone Improving Access to Psychological Therapies (IAPT)

179-181 Haslewood Drive
Ebor Gardens
Leeds
LS9 7RE

0113 216 3000

iapt@touchstonesupport.org.uk
touchstonesupport.org.uk

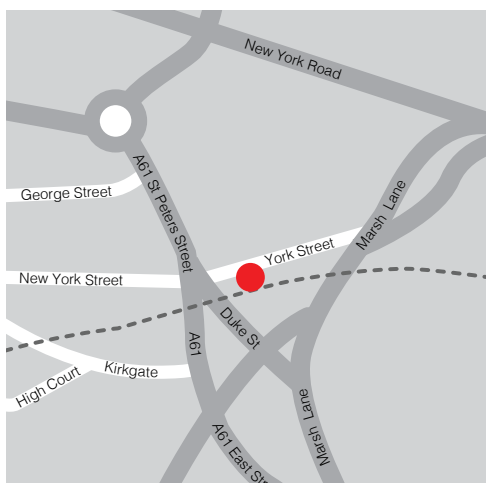
Opening times

Monday to Thursday 9am-5pm

Friday 9am-4pm

Evening clinics available until 7pm
Monday, Tuesday, Thursday and
Friday, and 6.30pm Wednesdays.

Self-referral talking therapies for
BME communities.



York Street Health Practice

68 York St
Leeds
LS9 8AA
0113 295 4840

Opening times

Monday, Tuesday, Wednesday and
Friday 8am-6pm

Thursday 9am-5pm

Provides medical service and
assistance for the homeless,
those in temporary shelter and the
destitute, including refugees and
asylum seekers.

The British Red Cross has a long tradition of supporting vulnerable refugees and asylum seekers in the UK. We provide free practical and emotional support to help refugees adapt to life in a new country and offer emergency support to those facing destitution. We run specialist services for women and young refugees and asylum seekers, and we help reunite families separated by conflict, natural disasters or other emergencies.

For more information on our services please contact us:

Refugee support
British Red Cross
Humanity House
2 Armley Court, Armley Road
Leeds
LS12 2LB

Tel: 0113 201 5267

redcross.org.uk/refugee

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